



Sailors Become Soldiers -- of Paintball

By MC3 JAMES R. EVANS
Penny Press staff

"Pop, Pop, Pop, Pop, SPLAT!"

Airman Daniel Hinton stepped out from behind a plywood barricade, his arms raised and his facemask covered in orange paint. He'd just been trounced in a showdown against his teammate Gunner's Mate 3rd Class Benjamin Smith and despite his loss, he was grinning from ear to ear.

"That was a great shot," Hinton said.

"Perfect 'splat' too," Smith said laughing as Hinton wiped the paint from his mask with a paper towel. The conversation quickly shifted to movements, firing positions and equipment issues as the rest of the pair's team gathered around and members critiqued the scenario.

This was their first practice round of the afternoon and the shooting had just gotten started.

Smith and Hinton, as well as Aviation Ordnanceman Airman Michael Jackson, Aviation Ordnanceman Airman Alejandro Lopez, Aviation Ordnanceman Airman Kyle Wojnicki, and Gunner's Mate 3rd Class Oscar Gonzalez are the "Soldiers of Paintball," an amateur paintball team made up of Sailors from USS Abraham Lincoln's (CVN-72) Weapons Department.

The team is sponsored by the Bremerton paintball accessory shop "Extreme Toys" and its members manage and referee the shop's playing field "Paradise Paintball" every weekend. Team members are paid in compressed air for their guns, discounted equipment rates, and most importantly for an active team, free run of the field during the week and after hours on the weekends.

"It's kind of a volunteer thing," said Smith, the team's captain and

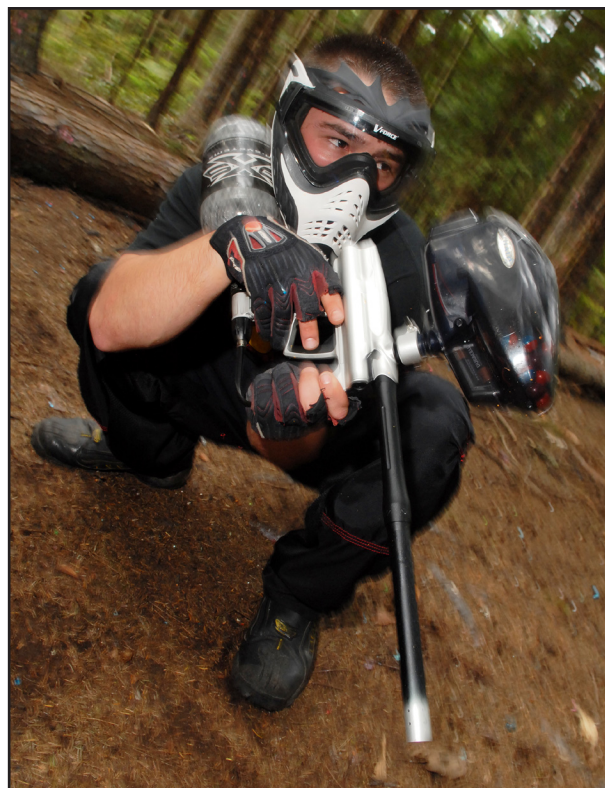


Photo By MC3 James R. Evans

Airman Dan Hinton crouches to avoid incoming fire during a practice game at Paradise Paintball in Jackson Park, Port Orchard. Hinton is a member of the "Soldiers of Paintball," a six-man, amateur team made up of Sailors from USS Abraham Lincoln's Weapon's Department who run Paradise Paintball and compete in speedball tournaments.

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Lake Chelan is a Welcome Break from the Weather

By MCSN KATHLEEN CORONA
Penny Press staff

Having spent the last six months in the Pacific Northwest, it's hard to imagine a place in Washington where the sun shines and the temperature exceeds 70 degrees.

Such a place does exist, and I was able to find it at Lake Chelan, a beau-

tiful 50-mile long lake in the Cascade Mountains.

The 220-mile drive through Snoqualmie Pass and into the Cascade Mountains seems to go by much faster than the actual four hours it takes because the scenery is beautiful. Lush, green-covered mountains loom all around the road as you twist and turn your way through.

Lake Chelan itself is breath-taking.

The water is a vivid aquamarine-like blue.

The city of Chelan is quaint, a perfect destination for a weekend getaway.

Temperatures in the Chelan area are typically around 75 degrees for this time of year. It's the perfect time for boating or lying out on the many beaches at the Lake. Right now, the water is a little cold,

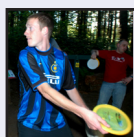
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field coordinator for Paradise Paintball. "I work the 'shack' every weekend and whoever is there with me from the team will referee the field, and basically our pay is to play."

And play they do. According to Smith, the team's only real limitation on practice is work schedules and paint, which individual members must buy for themselves.

"We play the woods after public hours on the weekends and during the week when the park's closed we set up the speedball course," Smith said.

"We like days when nobody else shows up because then we just play each other all day instead of having to wait until closing," Hinton added.

Although the team currently only competes in speedball, a version of the game in which opposing teams battle on a small, enclosed course with inflatable barricades for cover, Smith said that the



Photo By MC3 James R. Evans

Gunner's Mate 3rd Class Benjamin Smith, team captain of the "Soldiers of Paintball" fires a round during a practice game.

park's 30-plus acres allow them play and practice under a variety of conditions and to be competitive in nearly any scenario.

"Our focus is definitely speedball, but we spend a lot of time in the woods and I really enjoy room-clearing which we can do here as well," Smith said. "I guess you could say we're a very well rounded team."

Smith has worked at Paradise since September 2006 and formed the team via word of mouth in the ship's weapons department. All six members had prior experience with the game and quickly became well versed in the rules of competition from refereeing at the field. To the uninitiated, having a referee presiding over a non-competition game of paintball may seem a bit odd, but during the heat of a game the need for an objective presence becomes apparent.

"There are a lot of things we have to look out for as far as safety and also keeping things fair and making sure players stay within the course," Hinton said. "We also verify hits, which isn't as important with the kids and casual players, but the real hardcore guys will try and wipe with their hands and hide hits so we have to look out for that too."

Smith said that with six players total the "Soldiers" can juggle duty on the Lincoln with working and practicing at the field and competing in 3-man speedball tournaments. They placed 5th out of 35 teams in

the Smoking Gunz Tournament in Elma, Wash. in April and plan on making more tournament appearances later this year.

They're also putting in extra time and effort making improvements to the park, which currently consists of two main wooded playing areas and a speedball course that will re-open in June.

"Right now we've got the two fields that are mostly woods and a few buildings; we plan

on making one almost all buildings and we've got the wood and the tools to do it already," Smith said. "We're hard charging on it because it's something that we want as players."

With summer now upon us, paintball is one of a number of outdoor activities available to Sailors in the Puget Sound area. Paradise Paintball is located at Jackson Park in Port Orchard and is open from 10 a.m. to 6 p.m. Saturdays and Sundays. It is a nearby option while Lincoln is moored at Bremerton, and is run by fellow Sailors who are willing to share their knowledge of the sport. The course offers a discount rate for military personnel at \$25 a day for a complete rental, which covers mask, gun, air for the entire day, and field fees.



Photo By MC3 James R. Evans

A player at Paradise Paintball sports the mark of defeat on his face mask following a match. "Soldiers of Paintball" team members work as referees and field coordinators at the park to earn sponsorship of their team and practice time.

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Lincoln Pride



Photo by MCSN Brandon Wilson



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Photo by MC3 James R. Evans

Into the busy days of
summer...



Photo by MCSN Chantell Wilson



Photo by MC3 James R. Evans

Local Stories

TRAVEL

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but a brave person would probably have a lot of fun swimming in the crystal-clear waters.

There are numerous places in the city of Chelan to rent boats, kayaks, canoes and other water craft to enjoy the lake with.

Most boating and water sports are mainly confined to the lower basin, or Wapato Basin.

In the Lucerne Basin, the upper basin of the lake, the water plunges to depths of 1,500 feet. In this basin the lake becomes a highway to 15 overnight Forest Service and National State Park Service Ferry boats that cater to the boat-in campgrounds in the area.

Lake Chelan is one of the top fisheries in the northwest. The Washington State Record Lake Trout was caught in the lake and weighed 35 pounds and 7 ounces!

Lake Chelan and the surrounding areas feature a variety of hiking trails. From a simple walk around Riverwalk Park to a more strenuous hike in the down-lake region there is something for everyone. Hiking enthusiasts can even go on a real mountain adventure in the upper regions of the lake and into the Cascade Mountains.

Biking, hang gliding and rafting are also popular summer events in the area.

Hotels and restaurants abound in the city of Chelan, which makes a weekend trip there any easy feat.

Campbell's Resort at Lake Chelan is a wonderful place to stay. The rooms are a little pricey, but definitely worth the money spent. Each room has a private balcony or patio that looks out onto the resort's private beaches, swimming pools, hot tubs and beach volleyball areas.

Within Campbell's Resort is Campbell's Second Floor Pub and Veranda, a restaurant with a great menu and a variety of options. The one-pound basket of seasoned fries was delicious.

Campbell's Misty Isle Black Angus top sirloin steak was a fantastic dinner after lying on the beach all day at Lake Chelan State Park. An eight-ounce, classic glass-bottle Coca-Cola was the perfect addition to the steak, which comes with a sourdough roll and a baked potato or French fries.

If a sit-down meal at a nice restaurant isn't what you're looking for after spending a day in the sun and sand, Troy's Pizza is another excellent dinner choice. The pizza parlor itself isn't very big, but the pizzas make up for the limited

seating. Dinner can be called in and picked up, or eaten at a table covered in pictures of Lake Chelan and the surrounding areas.

The Vogue Lounge, right down the street from Campbell's, is a great breakfast destination. They serve Tully's Coffee and delicious pastries and sandwiches, and the friendly staff make the lounge a nice place to relax in the morning. In the evenings the Vogue becomes a wine bar where wines made at local wineries can be ordered and enjoyed with friends as a live band plays.

Families can have a great time in the city of Chelan if the weather sours, or if everyone is tired of the sun.

Banjo Creek Farms has gold panning, a petting zoo, a corn maze and other family-style attractions. They also have hay-rides, a ranch-style barbeque, and horseback riding.

Lake Chelan and the city of Chelan are a wonderful place to spend an extended weekend. With things to do for the family or for a night on the town it's the perfect place for anyone. The beaches are nice, the water is beautiful. A boat isn't a must, but it would definitely heighten the fun while on the lake.

It is definitely high on the list of great places to visit in Washington.



June 1, 1939

-Captain Hollis M. Cooley, director of the Naval Research Laboratory, proposes research of atomic energy for future nuclear powered subs.

June 1, 1954

-First test of a steam catapult on USS Hancock.

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Nothing can top the awkward moments in the movie *Knocked Up* opening June 1



Local News & Entertainment

CGI Alone Can't Save This Sinking Pirate Ship

BY MCSN JOSEPH SCARBERRY
Penny Press Movie Correspondent

Will Turner (Orlando Bloom) and Elizabeth Swann (Keira Knightley) team up with Captain Barbossa (Geoffrey Rush) for one final chapter of the epic pirate film. This time around, they're off to literally sail to the edge of the map in order to rescue Captain Jack Sparrow (Johnny Depp) from Davy Jones' Locker. Treachery and betrayal afoot, all of the pirates must work together to avoid extinction.

That's about all I can tell you about the plot. The editing is choppy and the story has no spine. The emotion, the story, the magic...it was all lost at sea, somewhere during the second installment.

Another problem with the film is that a majority of the scenes came with stock phrases and quotes from the first two films that the writers refuse to let die. They were funny once, but evidently when you repeat something over and over again it loses its appeal.

The only character in the entire film that's stayed consistent has been Jack Sparrow. His role is entirely comical, and he's never had to carry the storyline further.

Will Turner and Elizabeth Swann, a match once made in heaven as they're the only two in the eighteenth century who brush their teeth, have turned into a massive mud ball with multiple agendas

and allegiances.

Chow Yun-Fat (Bulletproof Monk) takes up the role of Captain Sao Feng in one of the more anticipated new roles for the third Pirates film, and it was entirely too disappointing when we saw far too little of him.

Keith Richards had a small cameo role in the film as well, playing the father of Jack Sparrow. For those of you who don't know the significance of Keith Richards, he was Johnny Depp's inspiration for Jack Sparrow's persona.

In its defense, the duration of the nearly three-hour confusion-fest was chock full of beautifully and masterfully put together CGI scenes, blending the digital and real worlds together flawlessly.

All in all, the movie is long, drawn out, confusing, and disappointing. The only thing that almost makes Pirates worth the price of a movie ticket is the CGI, and even that isn't enough to carry this through. If you feel compelled to finish the trilogy then rent it when it comes out on DVD.



The salty sea dog of movie reviews awards one pathetic little Scarberry to this landlubber of a film.

"Frolfing" More Fun and Healthier Than It Sounds

BY MCSN BRAD WAGES
Penny Press staff

Under the forest canopy a few minutes from Naval Station Bremerton, Aviation Boatswain's Mate (Fuels) 3rd Class Robert Becker grasps a small yellow disc, and then cocks his arm back. "Alright, here comes a birdie. Watch!" Becker's throw is wide of the mark, but he's enjoying himself.

As the weather turns warm, Lincoln sailors are itching for reasons to get outdoors. For those who haven't yet discovered disc golf, it is an easy-to-learn outdoor activity that almost anyone can take part in. Old hats at the game know the simple pleasures of an hour out "frolfing."

Becker, of Air Department, has been an aficionado for two years, ever since a friend from the Lincoln introduced him to the unconventional sport. "I like the game because it's laid back; it's a friendly competition," he said. "And it's also an opportunity

to hang out with people you like.

Also known as Frisbee golf, disc golf uses many of the same rules and terms as traditional golf. According to the Professional Disc Golf Association, the object of the game is to traverse a course from beginning to end in the fewest number of throws of the disc. The discs used in Frisbee golf are smaller and harder than regular Frisbees. There are even specific "driver," "approach," and "putter" discs, like the clubs in traditional golf.

Since courses are located out in nature, holes can have dozens of obstacles and hazards. Trees, stumps, muddy bogs, ferns, and ponds can all stand between a disc golfer and their objective. Rather than having "holes" like regular golf, disc golf uses metal chain baskets designed specifically to catch and hold a Frisbee.

Most disc golf courses are located in public parks and are generally free to play. Becker said he's played two courses since



Photo By MCSN Brad Wages

Aviation Boatswain's Mate (Fuels) Airman Michael Perreault of USS Abraham Lincoln's Air Department takes a shot at a target at the disc golf course at Bremerton's N.A.D. park.

he began, one in Bremerton and one in Lake Stevens.

"The Bremerton course has a really nice, natural layout," he said. "It's my favorite." Becker said he would recommend disc golf to other sailors. "It's cheap to get started playing. Oh, and it's an opportunity to get off the ship. Just go out there and have fun. That's what it's all about."

Local Stories



Shipmates

The strength of a warship lies in the hearts and hands of its crew.



Photo by MC3 James R. Evans

Aviation Boatswain's Mate (Handling) 1st Class Alton Keith, left, and Information Systems Technician Seaman Shane Anderson, right, help Supply Officer Cmdr. Jim Liberko cut the birthday cake during the May birthday luncheon in the First Class Mess, Wednesday. In keeping with tradition, Keith and Anderson, the oldest and youngest sailors attending, were asked to help cut the cake and kick off the celebration. Lincoln's Supply Department and First Class Association have reinstated monthly birthday luncheons after a long hiatus during Lincoln's shipyard availability. Sailors attending the monthly celebration enjoy a gourmet meal and are entered in a raffle to win prizes.

Editor's Top 10

Things to do when you get advanced...

10. Write "Just made 3rd" in soap on your car's rear window, tie a bunch of cans to your fender and drive around your neighborhood.

9. Have your chief pop out of a cake and sing "Happy advancement Mr. Petty Officer."

8. Carry around a coffee mug all day with your rank on it and say things like "Back when I joined the Navy..."

7. Write a really long acceptance speech and force the band to play you off the stage during your frocking ceremony.

6. Assert your new authority by declaring yourself king of the wicker people.

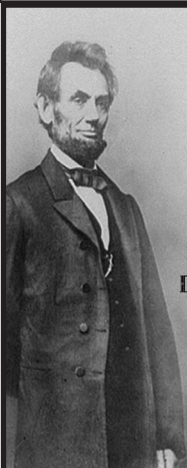
5. Constantly make people address you by your full military title.

4. Create a powerpoint presentation outlining how this figures into your plans for world domination.

3. Take charge of all things "petty."

2. Go to Disbursing and ask "is it there yet?" Repeat every five minutes.

1. Commence Breakdancing



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